

CONTRIBUTORS

Dr. Aijaz Ahmed Dar, Assistant Professor and **Dr. Abdul Roof Rather**, Assistant Professor Central University of Kashmir, India jointly wrote article titled **“Assessment and Comparison of Speed and Agility between College Level Male Attackers and Liberos in Volleyball**

Dr. Syed Arif Kamal, Meritorious Professor & Founding Project Director The NGDS Pilot Project and Ex-Dean, Faculty of Science, University of Karachi, **Mr. Shahid Ali Khan**, Director Physical Education, Government Degree Boys College, Korangi 2 ½, Karachi 74900. **Dr. Soniha Aslam**, Professor / Director Centre for Physical Education, Health and Sports Sciences, University of Sindh, Jamshoro, Sindh, Pakistan jointly wrote article titled **“A Model Football Academy for Residents of Lyari Town, Karachi Sindh Pakistan”**

Dr. Saeed Javed, Assistant Professor Department of Physical Education & Sports Sciences, The Islamia University of Bahawalpur, Punjab Pakistan, **Dr. Abida Naseer** Assistant Professor Department of Physical Education & Sports Sciences, Government College University Faisalabad, Punjab, Pakistan, **Mr. Qasid Naveed**, Lecturer, Department of Sports Sciences. University of Sargodha, Punjab, Pakistan were jointly wrote article titled **“Social and Ecological Barriers of Sports Participation by College Female Student Athletes”**

Dr. Muhammad Zafer Iqbal Butt, Associate Professor / Chairman, Mr. Muhammad Abdul Jabbar Adnan, Lecturer, and Ms. Qandeel Mughal, M.Sc Student of Department of Sports Sciences and Physical Education, University of the Punjab Lahore, jointly wrote article titled **“Effect Of Sports Participation On Failure In General Life: An Exploratory Study”**

Ms. Sumera Sattar, PhD Scholar Department of Sports Sciences and Physical Education, Faculty of Allied Health Sciences, The University of Lahore, Lahore. / Lecturer, Department Health and Physical Education, Lahore College of Women University, Lahore, Punjab Pakistan. **Dr. Shahzaman Khan**, Head of Department of Physical Education and Sports Sciences, Sukkur IBA University. **Ms. Sharin Iqbal**, M.Phil Scholar Department of Health and Physical Education University of Karachi jointly wrote article titled **“Impact of Self-Esteem and Body Image on Sports Participation of Female Athletes”**

Mr. Muhammad Ashfaq, Director Physical Education, Government Higher Secondary School Togh Bala Kohat KPK. **Maj. Adeel Ahmed Khan**, M.Phil. Scholar Department of Health and Physical Education University of Karachi, **Mr. Nisar Ahmed Khaskheli**, Lecturer, Department of Physical Education and Sports Science, Sukkur IBA University jointly wrote article titled **“Role of co-curricular activities creating qualities of leadership among secondary schools students in Ex FATA.”**

Mr. Syed Muhammad Bilal Gillani, PhD Scholar / Assistant Professor, **Mr. Syed Ihtisham Ahmed**, PhD Scholar and **Mr. Basit Ali**, M.Phil. Department of Sports Sciences and Physical Education, Faculty of Allied Health Sciences, The University of Lahore, Lahore jointly wrote article titled **“Nutritional Supplements & Athletes: An Analysis of Potential Side Effects.”**

Ms. Yasir Iqbal, Lecturer Department of Sports Sciences University of Sargodha, **Mr. Muhammad Badar Habib**, Lecturer, Physical Education and Sports Sciences, The Islamia University Bahawalpur. **Mr. Muhamamd Adeeb** PhD Scholar Department of Applied Psychology, University of Utara Malaysia jointly wrote an article titled **“Impact of Attitude towards Physical Activity and Exercise on Academic Performance of School Students”**.

Mr. Muhammad Safdar Ali, Director Sports Quaid-e-Azam University / PhD Scholar, **Dr. Mohibullah Khan Marwat** Associate Professor, **Col. Ghulam Shabbir Anjum** PhD Scholar from Department of Sports Sciences and Physical Education, Faculty of Allied Health Sciences, The University of Lahore jointly wrote article titled **“Identification and Evaluation of the Aerobic capacity of Athletic and Rowing Team Players of Islamabad city (The Capital of Pakistan)”**.

Dr. Asif Ali, Chairperson / Associate Professor, **Dr. Muhamamd Azam**, Director Sports at, Department of Physical Education and Sports Sciences, Government College University, Lahore, Pakistan **Mr. Asad Hussain Shaikh**, Deputy Director Sports IBA Sukkur University jointly wrote article titled **“Physical Exercise to Combat Academic Burnout in Students**.

Dr. Bashir Ahmad Mir, Lecturer in Physical Education Department of Youth Services & Sports Jammu & Kashmir India, **Dr. Mohammed. Abdul Bari** Associate Professor Department of Physical Education and sports Maulana Azad College of Arts, Science and commerce Aurangabad Maharashtra India jointly wrote article titled **“Comparison of flexibility and speed among inter university men handball players and hockey players”**.

Dr. Syed Zia-ul-islam, In-charge Chairman, **Ms. Afshan Jabeen**, Department of Physical Education and Sports Sciences, Gomal University Dera Ismail Khan, **Ms. Maryam Iqbal** Assistant Professor, Department of Optometry and Vision Sciences, The University of Lahore jointly wrote article titled **“Sports as a Source of Social Learning among the Collegiate Female players**.

Dr. Wasim Khan, Lecturer, Department of Sports Sciences and Physical Education, Gomal University, Dera Ismail Khan, KPK, **Dr. Tasleem Arif**, Assistant Professor Sarhad University of Information Technology, Khyber Pakhtunkhwa, Pakistan, **Mr. Sardar Sohail Nisar M.Phil Scholar** Department of Sports Sciences and Physical Education, Gomal University, Dera Ismail Khan, KPK jointly wrote article titled **“Physical Exercise to Combat Academic Burnout in Students**.

Ms. Aqsa Shamim Ahmed, Assistant Professor, **Ms. Hafeeza Sadeea**, M.Phil. Scholar, **Ms. Sadia Mehmoo-ul-Hassan** Lecturer from Department of Sports Sciences and Physical Education, Faculty of Allied Health Sciences, The University of Lahore jointly wrote article titled **“The Relationship Of Sports And Physical Activity To The Academic Achievement: A Case Of Hearing-Impaired Children**.

Mr. Sajjad Ali Gill, Lecturer, **Ms. Komal Shahbaz**, Visiting Lecturer, **Dr. Tahir Nazeer**, Assistant Professor, Department of Sports Sciences and Physical Education, University of the Punjab, Lahore jointly wrote article titled **“Psychological Effects of Caffeine on Players Performance”**.